

# Your summary of benefits



Anthem® Blue Cross and Blue Shield

Your Plan: Plan 7 PPO HSA (Embedded Deductible)

Your Network: KeyCare

This Schedule provides just a summary of the Covered Expenses, Limitations and Exclusions under the Plan. All benefits below are subject to the Plan's terms and conditions, including Deductibles, Coinsurance, In Network discounts and Allowable Charges, as set forth in the Plan Document to which this Schedule is attached. Please read this Schedule only in conjunction with the Plan Document.

Benefits payable by the Plan may change depending upon whether Covered Services are obtained from a Participating Provider. The list of Participating Providers may change from time to time. A list of Participating Providers is located at <http://www.anthem.com>. Therefore, it is important to verify that the Provider who is treating you is currently a Participating Provider.

Covered Medical Benefits	Cost if you use an In-Network Provider	Cost if you use a Non-Network Provider
<b>Overall Deductible</b>	\$3,300 person / \$6,600 family	\$3,300 person / \$6,600 family
<b>Out-of-Pocket Limit</b>	\$3,300 person / \$6,600 family	\$6,000 person / \$12,000 family
<p>The family deductible and out-of-pocket maximum are embedded, meaning the cost shares of one family member will be applied to both per person deductible and per person out-of-pocket maximum; in addition, amounts for all covered family members apply to both the family deductible and family out-of-pocket maximum. No one member will pay more than the per person deductible or per person out-of-pocket maximum.</p> <p>Your copays, coinsurance and deductible count toward your out of pocket amount(s).</p> <p>In-network and out-of-network deductibles are combined and accumulate toward each other; however, in-network and out-of-network out-of-pocket maximum amounts accumulate separately and do not accumulate toward each other.</p>		
<b>Preventive Care / Screening / Immunization</b>	No charge	40% coinsurance after deductible is met
<b>Preventive Care for Chronic Conditions</b> <i>per IRS guidelines</i>	No charge	40% coinsurance after deductible is met

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Questions: (833) 597-2358 or visit us at [www.anthem.com](http://www.anthem.com)

VA/LG/Virginia Private Colleges: Plan 7 PPO HRA (Embedded Deductible)/480Q/01-01-2025

Covered Medical Benefits	Cost if you use an In-Network Provider	Cost if you use a Non-Network Provider
<u><b>Virtual Care (Telemedicine / Telehealth Visits)</b></u>  <b>Virtual Visits - Online visits with Doctors who also provide services in person</b>  Primary Care (PCP)  Mental Health and Substance Abuse care  Specialist	0% coinsurance after deductible is met  0% coinsurance after deductible is met  0% coinsurance after deductible is met	40% coinsurance after deductible is met  40% coinsurance after deductible is met  40% coinsurance after deductible is met
<b>Medical Text Chats and Virtual Visits for Primary Care with K Health</b> on the Sydney mobile app or on your Anthem.com account you will be transferred to the K Health app.	0% coinsurance after deductible is met	
<b>Video Visits with Live Health Online</b> via the Sydney mobile app or on Anthem.com  Primary Care (PCP) and Mental Health and Substance Abuse  Specialist Care	0% coinsurance after deductible is met  0% coinsurance after deductible is met	
<u><b>Visits in an Office</b></u>  <b>Primary Care (PCP)</b>  <b>Specialist Care</b>	0% coinsurance after deductible is met  0% coinsurance after deductible is met	40% coinsurance after deductible is met  40% coinsurance after deductible is met
<u><b>Other Practitioner Visits</b></u>  <b>Routine Maternity Care</b> (Prenatal and Postnatal)  <b>Retail Health Clinic</b>  <b>Manipulation Therapy</b> <i>Coverage is limited to 30 visits per benefit period.</i>	0% coinsurance after deductible is met  0% coinsurance after deductible is met  0% coinsurance after deductible is met	40% coinsurance after deductible is met  40% coinsurance after deductible is met  40% coinsurance after deductible is met
<u><b>Other Services in an Office</b></u>  <b>Allergy Testing</b>	0% coinsurance after deductible is met	40% coinsurance after deductible is met

Covered Medical Benefits	Cost if you use an In-Network Provider	Cost if you use a Non-Network Provider
<b>Chemo/Radiation Therapy</b>	0% coinsurance after deductible is met	40% coinsurance after deductible is met
<b>Dialysis/Hemodialysis</b>	0% coinsurance after deductible is met	40% coinsurance after deductible is met
<b>Prescription Drugs</b> <i>Dispensed in the office</i>	0% coinsurance after deductible is met	40% coinsurance after deductible is met
<b>Surgery</b>	0% coinsurance after deductible is met	40% coinsurance after deductible is met
<b><u>Diagnostic Services</u></b>		
<b>Lab</b>		
Office	0% coinsurance after deductible is met	40% coinsurance after deductible is met
Preferred Reference Lab	0% coinsurance after deductible is met	40% coinsurance after deductible is met
Outpatient Hospital	0% coinsurance after deductible is met	40% coinsurance after deductible is met
<b>X-Ray</b>		
Office	0% coinsurance after deductible is met	40% coinsurance after deductible is met
Outpatient Hospital	0% coinsurance after deductible is met	40% coinsurance after deductible is met
<b>Advanced Diagnostic Imaging</b> <i>for example: MRI, PET and CAT scans</i>		
Office	0% coinsurance after deductible is met	40% coinsurance after deductible is met
Outpatient Hospital	0% coinsurance after deductible is met	40% coinsurance after deductible is met
<b><u>Emergency and Urgent Care</u></b>		
<b>Urgent Care</b>	0% coinsurance after deductible is met	40% coinsurance after deductible is met
<b>Emergency Room Facility Services</b>	0% coinsurance after deductible is met	Covered as In-Network
<b>Emergency Room Doctor and Other Services</b>	0% coinsurance after deductible is met	Covered as In-Network

Covered Medical Benefits	Cost if you use an In-Network Provider	Cost if you use a Non-Network Provider
<b>Ambulance</b>	0% coinsurance after deductible is met	Covered as In-Network
<b><u>Outpatient Mental Health and Substance Abuse</u></b>		
<b>Doctor Office Visit</b>	0% coinsurance after deductible is met	40% coinsurance after deductible is met
<b>Facility Visit</b>		
Facility Fees	0% coinsurance after deductible is met	40% coinsurance after deductible is met
Doctor Services	0% coinsurance after deductible is met	40% coinsurance after deductible is met
<b><u>Outpatient Surgery</u></b>		
<b>Facility Fees</b>		
Hospital	0% coinsurance after deductible is met	40% coinsurance after deductible is met
Freestanding Surgical Center	0% coinsurance after deductible is met	40% coinsurance after deductible is met
<b>Doctor and Other Services</b>		
Hospital	0% coinsurance after deductible is met	40% coinsurance after deductible is met
<b><u>Hospital (Including Maternity, Mental Health and Substance Abuse)</u></b>		
<b>Facility Fees</b>	0% coinsurance after deductible is met	40% coinsurance after deductible is met
<b>Doctor and other services</b>	0% coinsurance after deductible is met	40% coinsurance after deductible is met
<b><u>Recovery &amp; Rehabilitation</u></b>		
<b>Home Health Care</b> <i>Coverage is limited to 90 visits per benefit period. Limits are combined for all home health services.</i>	0% coinsurance after deductible is met	40% coinsurance after deductible is met
<b>Rehabilitation services</b> <i>Coverage for rehabilitative and habilitative physical therapy and occupational therapy combined is limited to 30 visits per benefit period. Coverage for rehabilitative and habilitative speech therapy is limited to 30 visits per benefit period.</i>		
Office	0% coinsurance after deductible is met	40% coinsurance after deductible is met



Covered Prescription Drug Benefits	Cost if you use an In-Network Pharmacy	Cost if you use a Non-Network Pharmacy
<b>Pharmacy Deductible</b>	Combined with In-Network medical deductible	Not covered
<b>Pharmacy Out-of-Pocket Limit</b>	Combined with In-Network medical out-of-pocket limit	Not covered
<b>Prescription Drug Coverage</b> Cost shares for drugs included on the Essential drug list appear below. Your plan uses the Advantage Network. You may receive up to a 90 day supply of medication at Rx Maintenance 90 pharmacies. If you select a brand name drug when a generic drug is available, additional cost sharing amounts may apply. Drug cost share assistance programs may be available for certain specialty drugs.		
<b>Home Delivery Pharmacy</b> 90 day supply (maximum cost shares noted below). Maintenance medications are available through CarelonRx Mail or at a participating Rx Maintenance 90 pharmacies. You may get two 30 day supply fills of the same maintenance medication at a retail pharmacy. Prior to your 3 <sup>rd</sup> fill, you must switch to home delivery.		
<b>Preventive Drugs</b> No deductible, copayment or coinsurance for In-Network drugs included on the VPCBC Preventive Rx drug list, a designated list of drugs for the treatment of diabetes, asthma, depression, heart health, high blood pressure, high cholesterol, and osteoporosis. The list is free of charge and is not subject to the deductible.		
<b>Tier 1 Preventive - Typically Generic</b> Per 30 day supply (retail pharmacy and Rx Maintenance 90 pharmacy). Per 90 day supply (home delivery).	No charge	Not covered (retail and home delivery)
<b>Tier 2 Preventive - Typically Preferred Brand</b> Per 30 day supply (retail pharmacy and Rx Maintenance 90 pharmacy). Per 90 day supply (home delivery).	No charge	Not covered (retail and home delivery)
<b>Tier 1 - Typically Generic</b> Per 30 day supply (retail pharmacy and Rx Maintenance 90 pharmacy). Per 90 day supply (home delivery).	0% coinsurance after deductible is met (retail and home delivery)	Not covered (retail and home delivery)
<b>Tier 2 – Typically Preferred Brand</b> Per 30 day supply (retail pharmacy and Rx Maintenance 90 pharmacy). Per 90 day supply (home delivery).	0% coinsurance after deductible is met (retail and home delivery)	Not covered (retail and home delivery)
<b>Tier 3 - Typically Non-Preferred Brand</b> Per 30 day supply (retail pharmacy and Rx Maintenance 90 pharmacy). Per 90 day supply (home delivery).	0% coinsurance after deductible is met (retail and home delivery)	Not covered (retail and home delivery)
<b>Tier 4 - Typically Specialty (brand and generic)</b> Per 30 day supply (specialty pharmacy).	0% coinsurance after deductible is met (retail) and (home delivery)	Not covered (retail and home delivery)

Covered Vision Benefits	Cost if you use an In-Network Provider	Cost if you use a Non-Network Provider
<i>This is a brief outline of your vision coverage. Only children's vision services count towards your out of pocket limit.</i>		
<b><u>Children's Vision (up to age 19)</u></b> <b>Child Vision Deductible</b>	\$0 person	\$0 person
<b>Vision exam</b> <i>Limited to 1 exam per benefit period.</i>	\$15 copay deductible does not apply	Reimbursed Up to \$30
<b><u>Adult Vision (age 19 and older)</u></b> <b>Adult Vision Deductible</b>	\$0 person	\$0 person
<b>Vision exam</b> <i>Limited to 1 exam per benefit period.</i>	\$15 copay deductible does not apply	Reimbursed Up to \$30

**Notes:**

- The representations of benefits in this document are subject to Division of Insurance approval and are subject to change.
- If you have an office visit with your Primary Care Physician or Specialist at an Outpatient Facility (e.g., Hospital or Ambulatory Surgical Facility), benefits for Covered Services will be paid under “Outpatient Facility Services”.
- Costs may vary by the site of service. Other cost shares may apply depending on services provided. Check your Certificate of Coverage for details.
- All medical services subject to a coinsurance are also subject to the annual medical deductible, if deductible is applicable to plan.
- If your plan includes a hospital stay copay and you are readmitted within 72 hours of a prior admission for the same diagnosis, your hospital stay copay for your readmission is waived.
- If your plan includes out of network benefits and you use a non-participating provider, you are responsible for any difference between the covered expense and the actual non-participating provider’s charge.
- In-network preventive care is not subject to deductible, if your plan has a deductible.
- If your plan includes out of network benefits and you use a non-participating provider, you are responsible for any difference between the covered expense and the actual non-participating provider’s charge. When receiving care from providers out of network, members may be subject to balance billing in addition to any applicable copayments, coinsurance and/or deductible. This amount does not apply to the out of network out of pocket limit.
- For additional information on this plan, please visit [www.sbc.anthem.com](http://www.sbc.anthem.com) to obtain a “Summary of Benefits and Coverage”.
- If your plan includes out of network benefits, all services with calendar/plan year limits are combined both in and out of network.
- Your copays, coinsurance and deductible count toward your out of pocket amount.
- Human Organ and Tissues Transplants require precertification and are covered as any other service in your summary of benefits.

*This summary of benefits is a brief outline of coverage, designed to help you with the selection process. This policy has exclusions and limitations to benefits and terms under which the policy may be continued in force or discontinued. For costs and complete details of the coverage, contact your insurance agent or contact us. If there is a difference between this summary and the contract of coverage, the contract of coverage will prevail.*

*This benefit summary is not to be distributed without also providing access on limitations and exclusions that apply to our medical plans.*



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### Get help in your language

Curious to know what all this says? We would be too. Here's the English version:

If you have any questions about this document, you have the right to get help and information in your language at no cost. To talk to an interpreter, call (833) 597-2358

Separate from our language assistance program, we make documents available in alternate formats for members with visual impairments. If you need a copy of this document in an alternate format, please call the customer service telephone number on the back of your ID card.

(TTY/TDD: 711)

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## Language Access Services:

**Navajo (Diné):** Dii naaltsoos biká'ígíí lahgo bina'ídiikidgo ná bohónéedzǫ́ dóó bee ahóót'i' t'áá ni nizaad k'ehǫ́ bee níl hodoonih t'áadoo bááh ilínígóó. Ata' halne'ígíí la' bich'í' hadeesdzih nínízingo kojí' hodiílnih (833) 597-2358.

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